



Get real-time updates + stay in the loop with
[lqrneqpkhg!](#)

Scan with your phone's camera
to follow me + receive my Notifications on:

[TransmitAll.com](#) & the [Transmit Notifications App](#) on the
App Store & Google Play

[@lqrnejr8](#)



Transmit features Notifications via Email, SMS Text Message, Private Inboxes & our signature
Rich Push Notifications (and you can adjust your preferences at any time)